

AOA SHORT BIO

Dr. Andrew Dold, MD is a board-certified, fellowship-trained orthopedic surgeon who specializes in arthroscopic, joint-preserving procedures of the hip, knee, and shoulder, including replacement surgery of the hip and knee. He has been in practice in the Dallas, Texas area since 2016 and is the director of sports medicine at Star Orthopedics and Sports Medicine in Frisco and Coppell, Texas. His research has been published in various peer-reviewed journals and he has received numerous accolades and awards recognizing his practice in orthopedic surgery and sports medicine.

He then completed orthopedic surgery residency training at the University of Toronto in Canada. After residency, Dr. Dold completed a fellowship in orthopedic sports medicine and arthroscopy at NYU Langone Medical Center and the Hospital for Joint Diseases in New York City. More recently, in 2021, Dr. Dold completed a post-graduate diploma in Surgical Leadership at Harvard Medical School. He is a Fellow of the Royal College of Surgeons Canada (FRCS) and a Diplomate of the American Board of Orthopaedic Surgeons (ABOS). He is board certified in orthopedic surgery in both Canada and the United States with Subspecialty Certificate in Orthopaedic Sports Medicine by the American Board of Orthopaedic Surgery.

Dr. Dold's research interests have included platelet-rich plasma (PRP) and stem cell therapy for arthritis and cartilage injuries, hip arthroscopy, labral reconstruction and SLAP repair of the shoulder, meniscal repair of the knee, and anterior cruciate ligament (ACL) reconstruction of the knee. He has published numerous book chapters and scientific papers in peer-reviewed journals including American Journal of Sports Medicine (AJSM), Clinical Orthopaedics and Related Research (CORR), Knee Surgery, Sports Traumatology, and Arthroscopy (KSSTA), Clinical Journal of Sports Medicine (CJSM), Journal of Arthroscopy, and The Journal of the American Academy of Orthopaedic Surgeons (JAAOS). For a complete summary of Dr. Dold's publications, please visit his professional website: DoldMD.com. His research has been presented at numerous regional, national, and international conferences. He is a principal reviewer for Journal of Arthroscopy, American Journal of Sports Medicine (AJSM), and Orthopaedic Journal of Sports Medicine (OJSM). He continues to serve as a lead author and senior editor for OrthoBullets.com. He is the medical director and director of research at the Gatorade Sports Science Institute (GSSI) at Baylor Sports Therapy & Research Center at The Star. Additionally, Dr. Dold is the founder and president of medical supply chain company, *RevMed*.

Dr. Dold has served as team physician and surgical consultant for both the men's and women's Canadian Rugby Teams, the Mississauga Steelheads of the Ontario Hockey League (OHL), and the NFL Scouting Combine in Indianapolis. He is currently the head team physician for Reedy High School (Frisco ISD) and the Dallas Reds Rugby Football Club. He has received a number of prestigious awards and honors, including a Top Doctor Award from the International Association of Orthopedic Surgeons in 2017 and a Rising Star Award from SuperDoctors in 2018, 2019, 2020, 2021, 2022, and 2023. He was named to USA Top100 Magazine's Top 40 Under 40 list as well as the Top 100 Doctors list in 2018. He was named as one of the best orthopedic surgeons in Dallas and Collin County by D-Magazine in 2020, 2021, 2022, and 2023.

While completing his undergraduate degree at the University of Western Ontario, Dr. Dold served as captain of the men's rugby team. He was awarded the university's Athlete of the Year award in 2004 and was also selected to represent the Canadian U-21 men's rugby team. While at Trinity College Dublin, Dr. Dold played for both the men's rugby and the men's golf teams. He

was selected as captain of the golf team and competed in the men's Canadian Amateur Championship for golf in 2007 and 2008. In his spare time, Dr. Dold serves as a course ranking panelist for *Golf Digest* magazine. He continues to enjoy playing golf and keeping fit through a variety of exercises and physical activities.