Amy McIntosh is Professor of Orthopedic Surgery and the medical director of patient safety at Scottish Rite Hospital (TSRH) for Children in Dallas, TX. She has been married to her husband, Rich, for 26 years. She has 2 children Quincy (boy: 14 years) and Campbell (girl: 11 years).

She was born and raised in the Upper Peninsula of Michigan. She graduated from Gladstone High School in 1992. She received her Bachelor of Science degree (Summa Cum Laude) in Sports Medicine from Central Michigan University in 1996. She then matriculated to Michigan State University College of Human Medicine and graduated with honors and AOA induction in 2001. She was also named the 2001 Medical Student of the Year.

She completed her orthopedic surgery residency at the Mayo Clinic in 2006, followed by her fellowship in pediatric orthopedic surgery and scoliosis at Texas Scottish Rite in 2007.

She then returned to the Mayo Clinic for 7 years as a staff orthopedic surgeon. During her time at the Mayo Clinic she won the 2013 Coventry Award and the Outstanding Course Director of the Year. Other Awards from her time at the Mayo Clinic include: 2013 AAP Section on Orthopedics: Young Investigators Award: Clinical Science, 2014 Minnesota Orthopedic Society: Best Clinical Research Award, and the 2014 Mid-America Orthopaedic Association E.W. Johnson, Jr. Award

In 2014, she transitioned her practice back to Scottish Rite for Children, where she currently remains in practice.

In 2015 she was a POSNA/APPOS Traveling Fellow, and in 2016 she won the POSNA/ Peter Armstrong Best QVSI Award. In 2017 she was awarded the POSNA / Medtronic Spine Research Grant, 2020 the OREF Transform Practice: Spinal Growth Grant, 2021 POSNA QVSI Medtronic Grant, and 2023 PSSG Member Research Grant. She is currently participating in the inaugural POSNA Leadership Program, and the inaugural SRS L.E.A.D. program.

She has published 80 peer reviewed articles, and 16 book chapters.

She has given hundreds of regional, national, and international podium presentations on a wide range of topics in pediatric orthopedics and scoliosis.

She has also served in various leadership roles in regional, national, and international orthopedic and scoliosis organizations.