

Ryan A. Rose, M.D. is a Board-Certified Orthopaedic Surgeon who specializes in Hand, Wrist, Elbow, and Shoulder Surgery. He provides both non-operative and operative treatment to improve function and to reduce pain. He has special interests in Complex Trauma and Reconstruction of the Entire Upper Extremity, with injuries to nerves, tendons, ligaments as well as fractures. His elective practice includes arthroscopy for the upper extremity, nerve compressions as well as arthritis.

Dr. Rose completed medical school at the University of New Mexico, his residency at the University of Texas Southwestern Medical Center. While there, he received training in Upper Extremity Trauma at the Parkland Trauma Center. During his residency, Dr. Rose was named Chief Resident, over the entire Orthopaedic Residency Department and received the G. Truett James Award for Excellence in Training. After Residency, Dr. Rose was chosen to continue his upper extremity training as the only Littler Eaton Hand Traveling Fellow at New York University Hospital of Joint Disease. His traveling fellowship included time at the renowned Texas Scottish Rite Hospital for Children, as well as the Hand Institute in New Zealand. Currently, Dr. Rose is actively working on research in Upper Extremity as well as Opioid use. He is involved in randomized control trials and his research has been presented at National and International meetings. Since his appointment at the University of Texas Health Science Center at San Antonio, he received the Fred G. Corley Outstanding Faculty Mentor award. He has been honored with multiple Texas Rising Young Doctors awards and has received recognition as one of the Best San Antonio Doctors. He serves as the Residency Program Director and Vice Chair of Education. Most recently, he became the Chief of Hand Surgery for Orthopaedics.