

Nicholas H. Maassen, MD, FAOA
Assistant Professor
Director of Wellness & Vitality
University of Chicago Department of Orthopaedic Surgery

Dr. Maassen received his Medical Degree at the University of Wisconsin followed by Residency with the University of Wisconsin Department of Orthopedics. He subsequently completed a fellowship at Beth Israel Hospital in adult reconstructive shoulder and elbow surgery.

He has been at the University of Chicago since 2020 and prior to that was at UTMB in Galveston TX. Research interests in surgical techniques surrounding rotator cuff repairs and shoulder instability as well stiffness after shoulder and elbow surgery.

Recently has undertaken a new role to the Dept of Orthopedics as Wellness Director. A Hospital supported position with the goal of improving job satisfaction and wellness of faculty members. As of yet he is unsure on how to best do this, but is moving forward anyway.