I am an orthopedic surgeon and partner at Orthocarolina, and faculty at the Atrium Health Wake Forest School of Medicine in Charlotte, NC. As such, I teach both residents and sports medicine fellows. I have a broad practice in sports medicine with a special focus on pediatric and adolescent sports medicine. My academic focus is on pediatric knee ligament reconstruction and return to play. I am also a busy team physician for our local NFL (Panthers) and MLS teams (Charlotte FC). I am married to an intensive care physician and we have two amazing children, Claire and Ethan. I am a competitive CrossFit athlete and also enjoy playing tennis and golf with my children.