

I am a native New Yorker and grew up in the Williamsburg section of Brooklyn before it was gentrified. I attended The City College of New York and majored in Chemical Engineering. This was Post Viet Nam and Post McCarthy era where students were mostly focused on learning and personal growth. Many of the students were from Stuyvesant and Bronx Science but also international students. The education was excellent and provided a firm foundation for a subsequent orthopedic career.

I have been fortunate to have had many role models and mentors in orthopedics. I try to pass on what I have learned and encourage the students and residents to maintain a positive attitude and desire to keep learning. First principles do not get old, and STEMI does not get stale. It is easy to get lost in the daily stresses but helping others is an amazing high.