Short bio

Dr. Aidin Eslam Pour, MD, MS, FAAOS is a highly trained and qualified orthopaedic surgeon and clinician scientist who specializes in treating patients with hip and knee problems. As the Chief of Orthopaedic Surgery at West Haven Veterans Affair Hospital, he is dedicated to providing comprehensive and compassionate care to his patients including Veterans. Dr. Eslam Pour is experienced in using joint preservation techniques, as well as performing total hip and knee arthroplasty to restore mobility and alleviate pain. Additionally, he is skilled in addressing complications related to prosthetics, such as dislocation, infection, and pain.

One of Dr. Eslam Pour's primary areas of research is digital human performance analysis, where he investigates the relationship between the hip and spine, as well as computer simulations of human motion. He also conducts clinical research on surgical arthritis and joint preservation. Dr. Eslam Pour has been recognized for his contributions to the field, having been awarded the Mentored Clinician Scientist Award (K08) from the National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS) and grants from the Orthopaedic Research and Education Foundation (OREF).

Dr. Eslam Pour's expertise is not limited to patient care and research. He is also an esteemed member of the medical community, serving as an Elite reviewer for several reputable orthopaedic journals, including the Journal of Arthroplasty, International Orthopaedics, Arthroplasty Today, and Bone and Joint Journal. He also serves as an ad hoc reviewer for grant programs, further demonstrating his commitment to advancing the field of orthopaedics.