

# 2025 C. McCollister Evarts RLF Program Agenda - June 2 – 4, Minneapolis, MN

## Day 1

Time	Topic
01:00 – 01:35	Welcome & Introductions
01:35 – 02:05	Introduction to the AOA Leadership Principles
02:05 – 03:20	Effective Communication Part 1: Effective Dialogues
03:20 – 03:40	<i>Break</i>
03:40 – 03:55	ABOS – KSB+ Platform
03:55 – 05:25	Effective Communication Part 2: Listening & Empathy
05:25 – 05:35	AOA Presidential Line
05:35 – 06:00	Closing
06:30 – 08:00	<i>Resident Leaders Reception</i>

## Day 2

Time	Topic
08:00 – 08:10	Opening
08:10 – 09:25	Overconfidence and Impostor Syndrome
09:25 – 10:25	Navigating the Highs and Lows of Life and Practice
10:25 – 10:45	<i>Break</i>
10:45 – 12:00	Managing Your Energy
12:00 – 01:00	<i>Lunch &amp; Learn</i>
01:00 – 02:30	Dealing with Conflict and Delivering Feedback
02:30 – 03:30	Mentor as Advisor, Sponsor and Coach
03:30 – 03:45	<i>Break</i>
03:45 – 05:15	Finding your First Job
05:15 – 5:45	Commitment to Change

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## Day 3

Time	Topic
07:00 – 09:00	Collaboration with CORD
09:00 – 10:30	“Sneak Peek” into CORD
10:30 – 10:45	<i>Break</i>
10:45 – 12:00	From Unconscious Bias To Conscious
12:00 – 12:15	Closing