

RAC Short Bio

I grew up in Haddonfield, NJ. I obtained my undergraduate degree at The College of William and Mary, and my medical degree from The Medical College of Virginia. I completed my Orthopaedic residency at the University of North Carolina at Chapel Hill and then completed my Sports Medicine fellowships at Rush University Medical Center.

I am in the 21st year of practice and I continue to improve and evolve. My area of expertise is anything in the shoulder, just about anything in the knee short of arthroplasty, and everything that falls under Orthopaedic Sports Medicine. I am a fellow of the American Board of Orthopaedic Surgeon, hold a subspecialty certificate in Orthopaedic Sports Medicine, and participate in maintenance of certification through our board. I am head team Orthopaedist for UNC men's basketball, woman's soccer, baseball, wrestling, woman's volleyball, crew, and share football. I am active in research within the UNC Department of Orthopaedics, UNC Department of Exercise and Sports Science, and nationally with the American Orthopaedic Society for Sports Medicine (AOSSM). I have served nationally on multiple committees with the AOSSM and ASES. I am currently the co-chair of the ASES education committee. I serve locally on the UNC Department of Orthopaedics Compensation and Communication committees. My teaching philosophy is based on what has worked best for me as a student, resident, fellow, and currently as an attending, as I am still a student and always will be. I have found being a good Orthopaedic surgeon is based on how prepared one is. My vision for the future is to help UNC Orthopaedics and Sports Medicine be the best in the state and be regarded nationally for our expertise in treating patients, training residents, teaching and research.