

**David L. Bernholt, MD**, is an Associate Professor of Orthopaedic Surgery at the University of Cincinnati. He is a board-certified, fellowship-trained sports medicine orthopedic surgeon specializing in arthroscopic and complex knee surgery. Prior to moving to the University of Cincinnati in Fall of 2025, he practiced at the Campbell Clinic in Memphis, TN where he served as the Division Chief of Sports Medicine and Sports Medicine Fellowship Program Director.

Dr. Bernholt was born and raised in rural Ohio. He earned his Bachelor of Science in biology from Case Western Reserve University. He completed his medical degree at Johns Hopkins University School of Medicine, followed by an orthopaedic surgery residency at Barnes-Jewish Hospital/Washington University in St. Louis. He then pursued fellowship training in sports medicine and shoulder surgery at The Steadman Clinic in Vail, Colorado before beginning his orthopedic career at the Campbell Clinic in 2019.

Throughout his career, Dr. Bernholt has worked with athletes across all levels, having served as a team physician for numerous organizations including the Memphis Grizzlies, University of Memphis Athletics, Memphis Redbirds, Memphis Showboats, and numerous high schools in the Memphis metropolitan area. He also serves as a physician for the U.S. Ski & Snowboard Team and is in the USA Wrestling Medical Pool.

An active clinician-scientist, Dr. Bernholt has published extensively in the areas of knee biomechanics, ligament reconstruction, and meniscal injury. His research has earned prestigious accolades, including the AOSSM Cabaud Memorial Award and the ASES Charles S. Neer Award. He serves as a journal reviewer for several leading orthopedic journals and was the Sports Medicine Section Editor for *Campbell's Operative Orthopaedics 15<sup>th</sup> Edition*. In addition to research, he is involved with multiple orthopedic organizations and serves in leadership positions or on committees for the American Orthopaedic Society for Sports Medicine and the Arthroscopy Association of North America.

Outside of orthopaedics, Dr. Bernholt enjoys spending time with his family. He and his wife enjoy skiing and hiking. A former NCAA Division III wrestler, he has remained actively involved in youth and high school wrestling communities as well.