

Dr. Patrick Morrissey is a board-certified orthopaedic spine surgeon currently serving on active duty in the United States Navy. He was raised in a Navy family, moving homes every few years and ultimately graduating high school in Honolulu, Hawaii. He received a degree in Chemistry from Harvard University and attended the Uniformed Services University for medical school, graduating in 2011. He completed his orthopaedic surgery residency at Naval Medical Center San Diego followed by spine surgery fellowship at the Rothman Institute at Thomas Jefferson University, completing training in 2017.

After fellowship, he returned to Naval Medical Center San Diego as staff spine surgeon where he spent seven years as GME faculty and assistant professor for the Uniformed Service University. His last two years in San Diego were spent as the assistant residency program director. In 2024, he was selected as residency program director for Naval Medical Center in Portsmouth, Virginia and is proudly serving in this role.

As a member of the United States Navy, Dr. Morrissey has a strong interest in the management of degenerative spinal pathology in the military athlete and is actively involved in research on its impact in military readiness. He served as the core orthopaedic surgeon for the USNS Mercy (TAH-19) hospital ship during the COVID-19 pandemic and remains a subspecialty medical advisor to numerous combatant commands. He has been awarded numerous military honors and is consistently recognized as a top clinician and educator with the Navy's healthcare system.

Dr. Morrissey currently lives in Virginia Beach with his wife Kim and three children, spending most of his time away from the hospital shuttling kids between the swimming pool, the soccer field, and the baseball diamond. He prioritizes time with family and tries to serve as a model of work-life balance for his colleagues and residents despite the chaos!