

Catherine Olinger, MD, MS is a Clinical Assistant Professor of Orthopedic Spine Surgery at the University of Iowa. She specializes in the surgical management of cervical myelopathy, degenerative disc disease, degenerative scoliosis, and spine trauma, with expertise in anterior lumbar approaches and minimally invasive techniques. Her research focuses on postoperative delirium, spine-related pain, regional nerve blocks, cognitive function in myelopathy patients, and the use of TXA in spinal fusion.

Dr. Olinger earned her medical degree from Creighton University, completed her residency at the University of Tennessee Health Science Center–Campbell Clinic, and her fellowship in orthopedic spine surgery at the University of Washington Harborview Medical Center. She joined the Iowa faculty in 2021 and is an active member of the AAOS, AO Spine, NASS, OTA, RJOS, SMISS, and Southern Orthopaedic Association.