

Diana Silas, DO, is a sports medicine orthopedic surgeon with expertise in shoulder care and hip preservation. She serves as a Clinical Assistant Professor at Michigan State University and is actively engaged in statewide leadership through the Michigan Orthopedic Society. Dr. Silas is committed to advancing minimally invasive techniques, improving patient outcomes, and mentoring the next generation of orthopedic surgeons. She is passionate about education, collaboration, and expanding her involvement in national societies that align with her clinical and leadership interests. Outside of medicine, she finds joy in strength training, outdoor adventures with her family, supporting her kids' sports, travel, and exploring nutrition and healthy living.