Sean J. Meredith, MD is an Associate Professor of Orthopaedics at the University of Maryland School of Medicine and a sports medicine physician at the University of Maryland Medical System. Dr Meredith holds a subspecialty certification in orthopaedic sports medicine. He is a team physician for the University of Maryland Terrapins, and he serves as the associate program director for the orthopaedics residency at the University of Maryland.

Dr. Meredith completed his undergraduate degree (B.S.) at the University of Virginia, before obtaining his medical degree (M.D.) from the George Washington University School of Medicine and Health Sciences. He completed an orthopaedic surgery residency at the University of Maryland Medical Center, and an orthopaedic sports medicine fellowship at the University of Pittsburgh Medical Center, where he assisted in taking care of the University of Pittsburgh football team, Pittsburgh Steelers, and Pittsburgh Penguins.

Dr. Meredith's clinical focus is on the care of the hip, knee, and shoulder. He specializes in the latest arthroscopic techniques for joint repair and reconstruction, including ligament repair and reconstruction, cartilage transplantation, tendon repair, osteotomies, and joint replacement. He has a specific clinical focus in hip preservation and hip arthroscopy. Dr. Meredith's research is focused on clinical outcomes and improving results for hip, knee, and shoulder patients. He has published numerous scientific articles and presented research at national and international conferences.

Dr. Meredith has been a member of the Emerging Leaders Program in the American Orthopaedic Association and has served as a committee member for the American Orthopaedic Society for Sports Medicine and American Academy of Orthopaedics Surgeons.