Lt Col (ret) Casey Sabbag MD, MS completed her Bachelor's degree in Physics at North Carolina State University (Raleigh, NC) and Master's degree in Biomedical Engineering at the University of Florida (Gainesville, FL) prior to starting medical school at University of Central Florida (Orlando, FL) under the Health Professional Scholarship through the U.S. Air Force. She completed her Orthopaedic residency at the Mayo Clinic (Rochester, MN) and Hand & Upper Extremity Fellowship at OrthoCarolina (Charlotte, NC). Following completion of her training, she began her active-duty service and Orthopaedic Upper Extremity practice at Brooke Army Medical Center (BAMC) in San Antonio, TX.

During her time at BAMC, Dr. Sabbag served in many leadership roles including military leadership and academic Orthopaedics. She was the director of the Intern Skills Program from the residency program (2020-2022), a Flight Commander for the Air Force Orthopaedics (2022-2023) and the Vice Chair of Orthopaedic Surgery (2023-2025). She performed many tours of duty to military treatment facilities in the continental U.S. and a combat deployment in Al Udeid Air Force Base (Qatar) in 2024. During her deployment, she served as the sole Air Force Orthopedic surgeon for the entire Central Command (CENTCOM), performed surgery and coordinated care and medical evacuation for many injured servicemembers. She served as the director of the RESTOR-FUSE translational military research lab (2021-2026) acquiring multiple federally funded grants and served as the principal investigator for 22 basic and translational science research projects and 4 human clinical trials. During this time, she was also the founding Vice President of the Texas Hand Society and chaired its inaugural meeting (2026). She was recognized at the Henry Jackson Foundation Heroes in Military Medicine Award (2023), the Military Health System Female Physician Leadership Award (2024), Physician of the Year from the 959th Medical Squadron (2024), LTC Mazurek Clinician Scholar Research Award (2024), Field Grade office of the year from the 959th Medical Squadron (2025).

Dr. Sabbag recently retired from the military and began her civilian Hand Surgery practice at Cary Orthopaedics (Cary, NC). She remains an active member in the leadership of American Society for Surgery of the Hand, serving on the Military Relations Committee and the Program Committee for the last 6 years. She has authored 9 book chapters, 40 peer reviewed publications and has presented research at over 100 regional, national and international meetings. Her clinical interests include upper extremity trauma, distal limb optimization in the care of upper extremity amputees, peripheral nerve surgery.

She is married to Orlando Sabbag, MD, who is also an Orthopedic Sports Surgeon. They have two children. Outside of the OR, she loves spending time with her family, camping, hiking, running, yoga and all forms of exercise.